NJPMP
&
Safer Prescribing

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Disclosure

Mr. Wetzel is the Acting Administrator of the New Jersey Prescription Drug Monitoring Program (NJPMP) and a representative of the State of New Jersey. Any patient or prescriber history that is referenced in this presentation has been de-identified and is used for demonstration purposes only.

The Opioid Epidemic

12.5 Million people misused prescription pain relievers in the past year[1]

20.8 Million people met diagnostic criteria for a substance use disorder in 2015, but **ONLY 2.2 Million** received treatment[1]

There was a **200% increase** in the number of emergency department visits related to opioid misuse from 2005 to 2011[4]

1 2015 National Survey on Drug Use and Health
2 2013 Center for Behavior Health Statistics and Quality Report, SAMHSA

NJ Opioid Prescribing

12.2 Million controlled substances were dispensed in NJ in 2016. Nearly **46%** were for a narcotic drug

In 2016, **over 42%** of narcotic prescriptions dispensed in NJ were for **greater than a 21 days supply**. An *increase* of almost **9%** from 2012

In 2016, **36%** of narcotic prescriptions dispensed in NJ were for **less than a 10 days supply**. A *decrease* of over **7%** from 2012

NJ Opioid Prescribing

Tramadol was scheduled as a Schedule IV in August 2014

Hydrocodone containing products were rescheduled as a Schedule II in October 2014

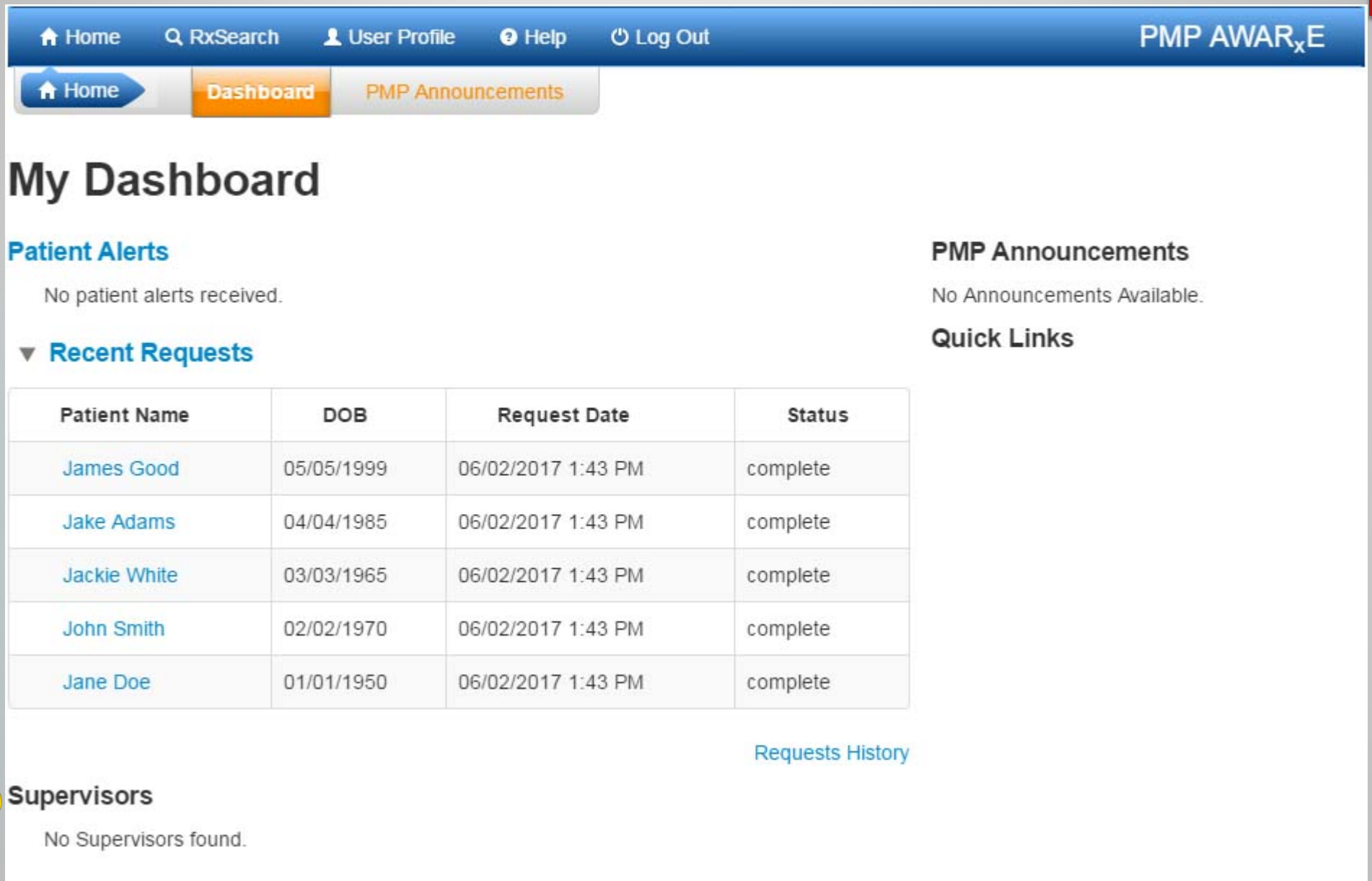
Prescriptions for Schedule IV narcotic drugs have **increased from <1% in 2013** to **15.5% in 2016**

Prescriptions for Schedule II narcotic drugs have **decreased from 79% in 2013** to **65% in 2016**

NJPMP Update

- Platform Change to NJPMP AWARxE (Nov. 2016)
  - newjersey.pmpaware.net
- Delegates for Prescribers
  - Licensed:
    - Registered Nurse (RN)
    - Licensed Practical Nurse (LPN)
    - Physician Assistant (PA) w/o DEA
    - Advanced Practice Nurse (APN) w/o DEA
    - Dental Hygienist, Registered Dental Assistant
  - Unlicensed:
    - Certified Medical Assistant (CMA)

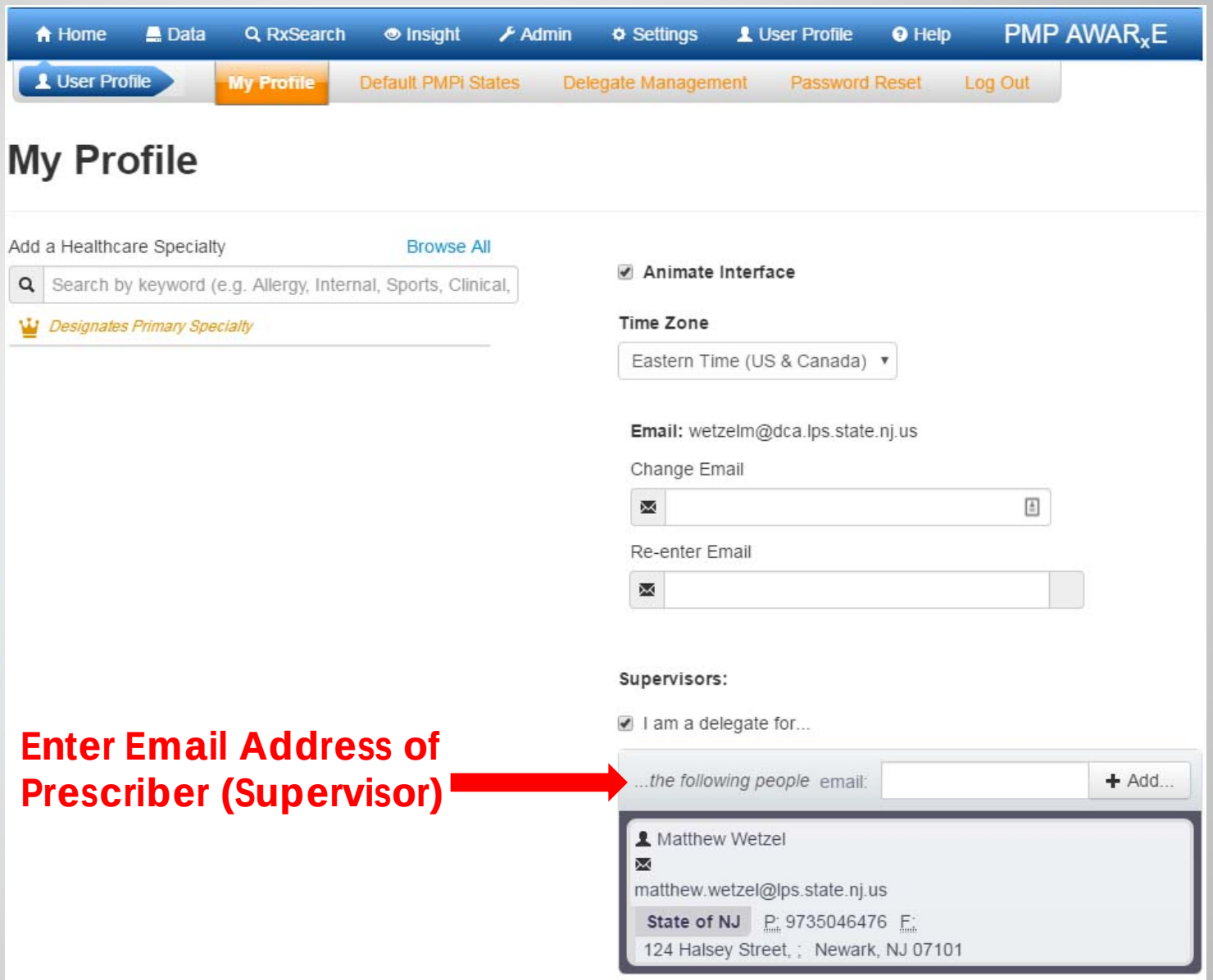
NJPMP AWARxE – New Features



Delegates – Add Supervisor (Prescriber)

User Profile → **My Profile**

- No Limit to Number of Supervisors
- Delegate will need to choose which prescriber they are performing the patient search on behalf of

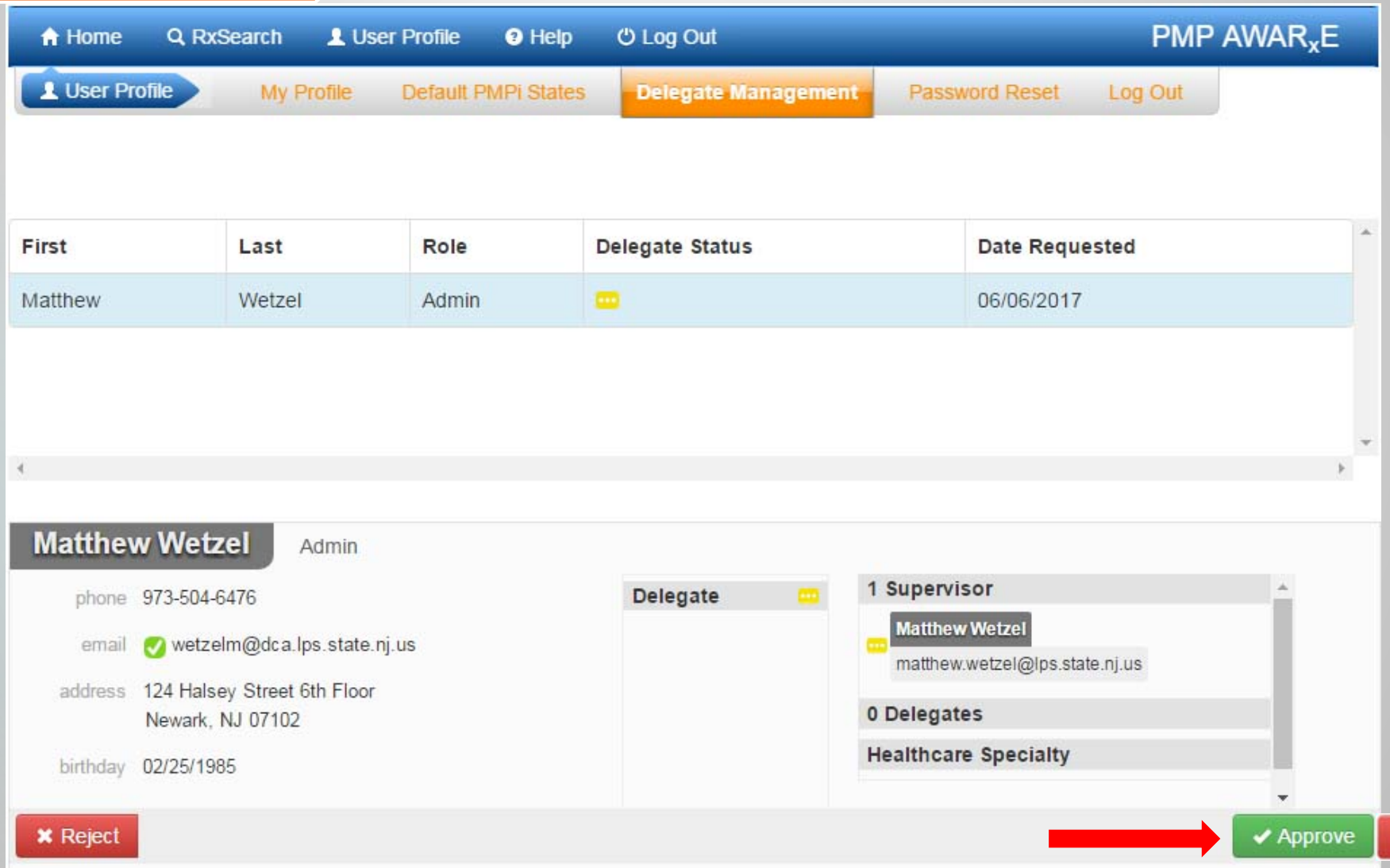


Enter Email Address of Prescriber (Supervisor)

Prescriber- Approve Delegate

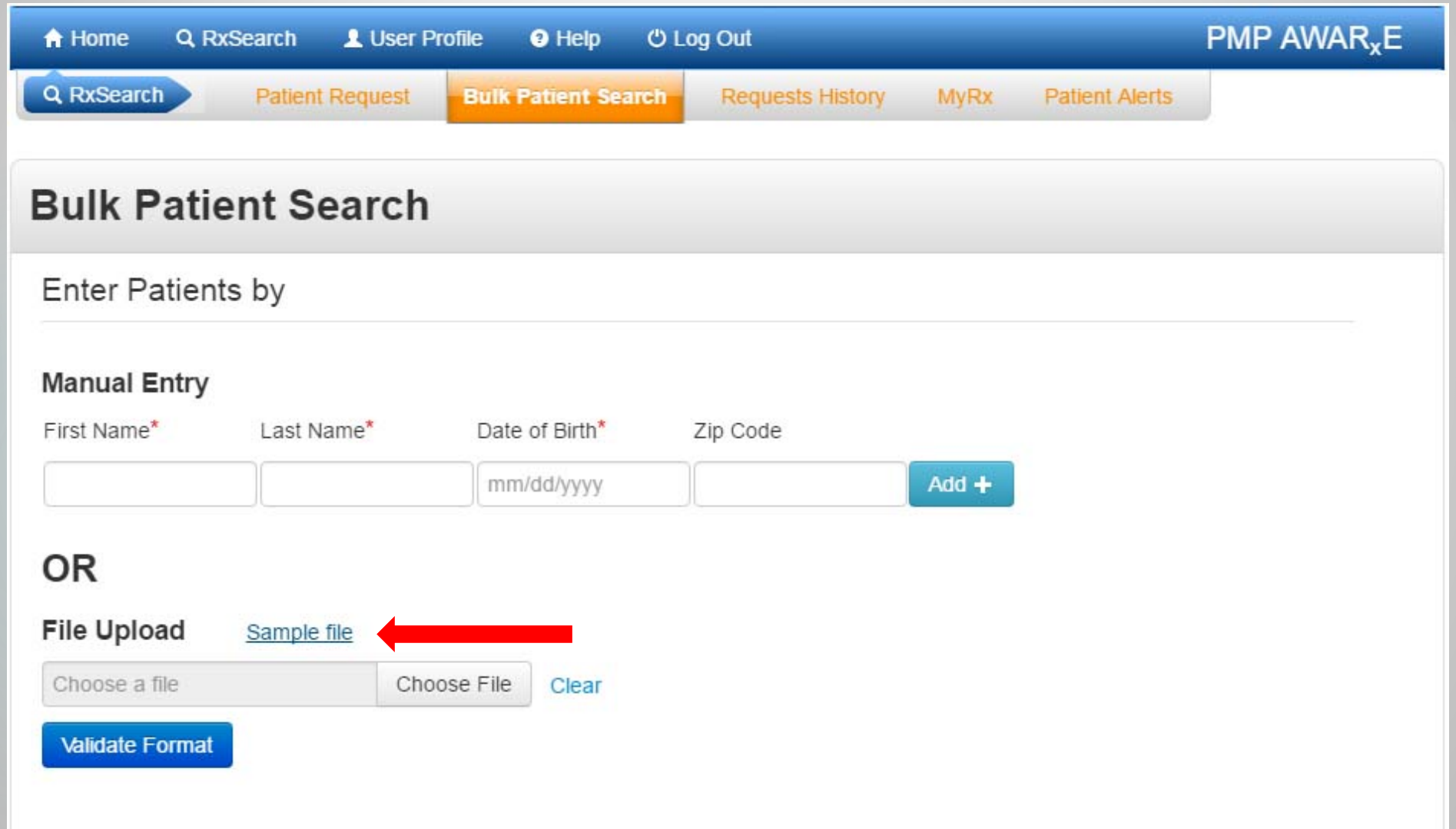
User Profile **Delegate Management**

- **Approve** a New Delegate
- **Remove** an Active Delegate



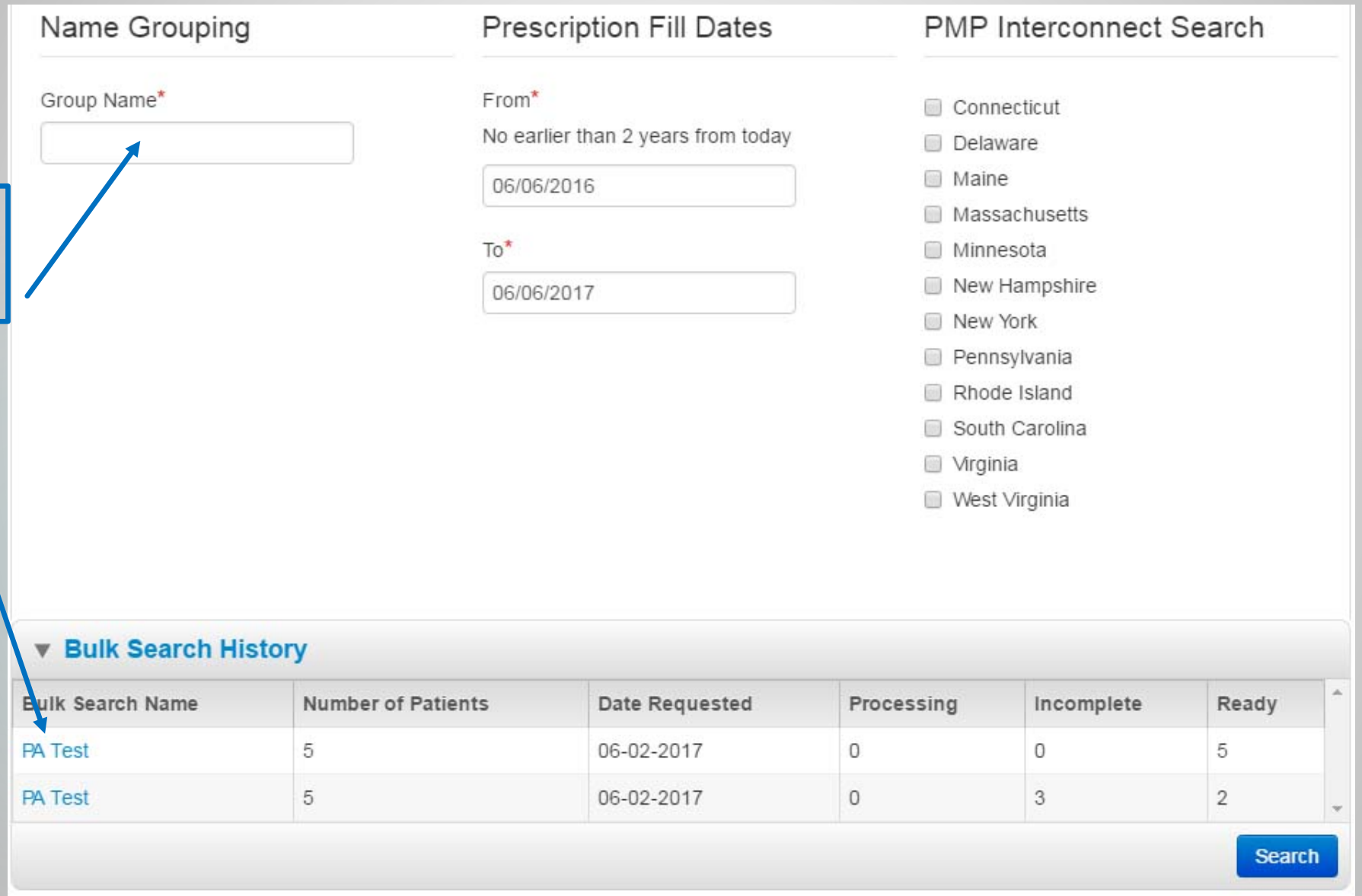
Bulk Patient Search

RxSearch > Bulk Patient Search



Bulk Patient Search

User defined search name



NJPMP Data Sharing

NJPMP Shares controlled substance prescription data with the following states:

Recently Added:

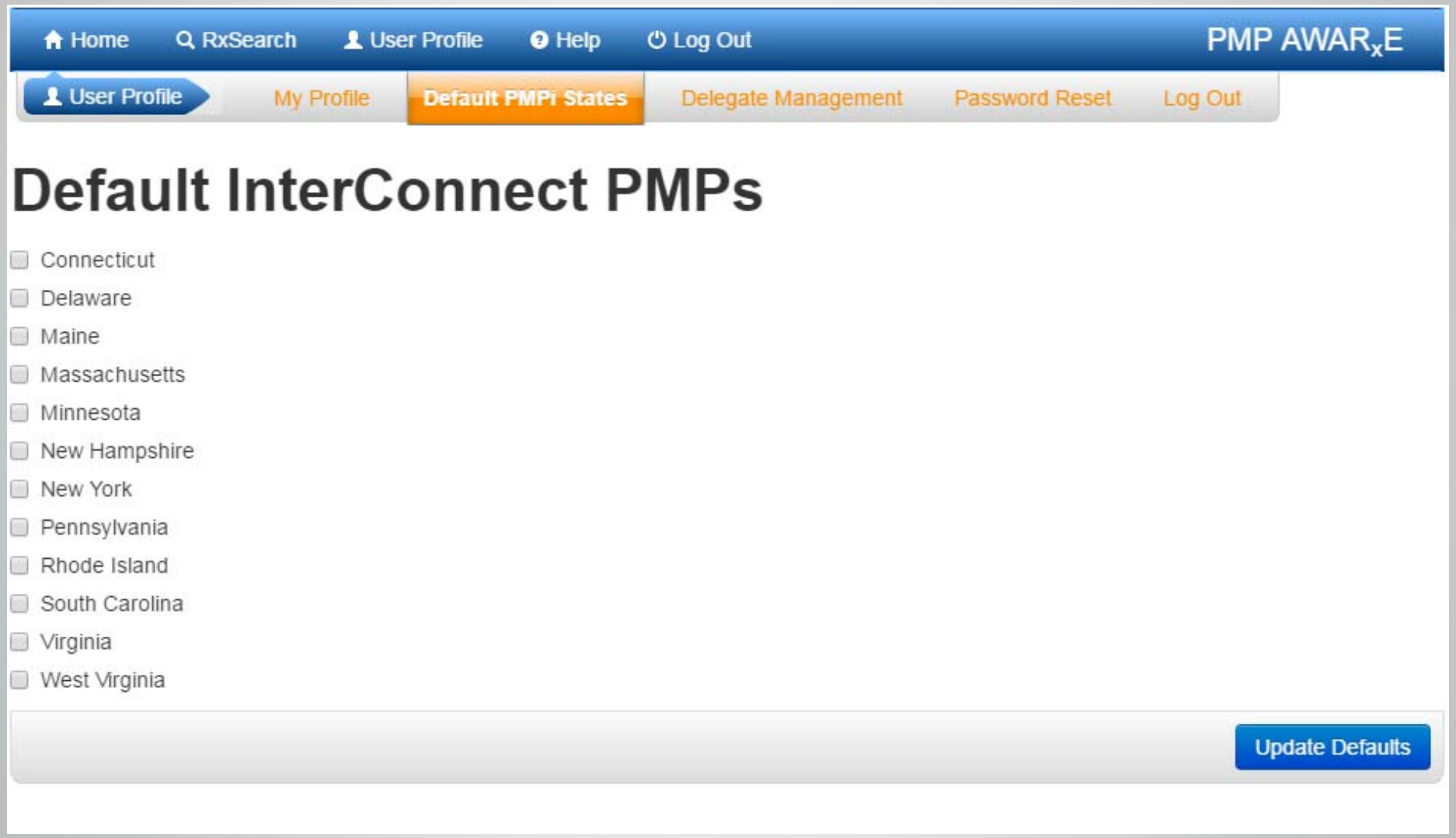
- Pennsylvania
- Massachusetts
- New Hampshire
- Maine
- West Virginia

Existing States:

- New York
- Connecticut
- Delaware
- Rhode Island
- Virginia
- South Carolina
- Minnesota

Setting Default PMPi States

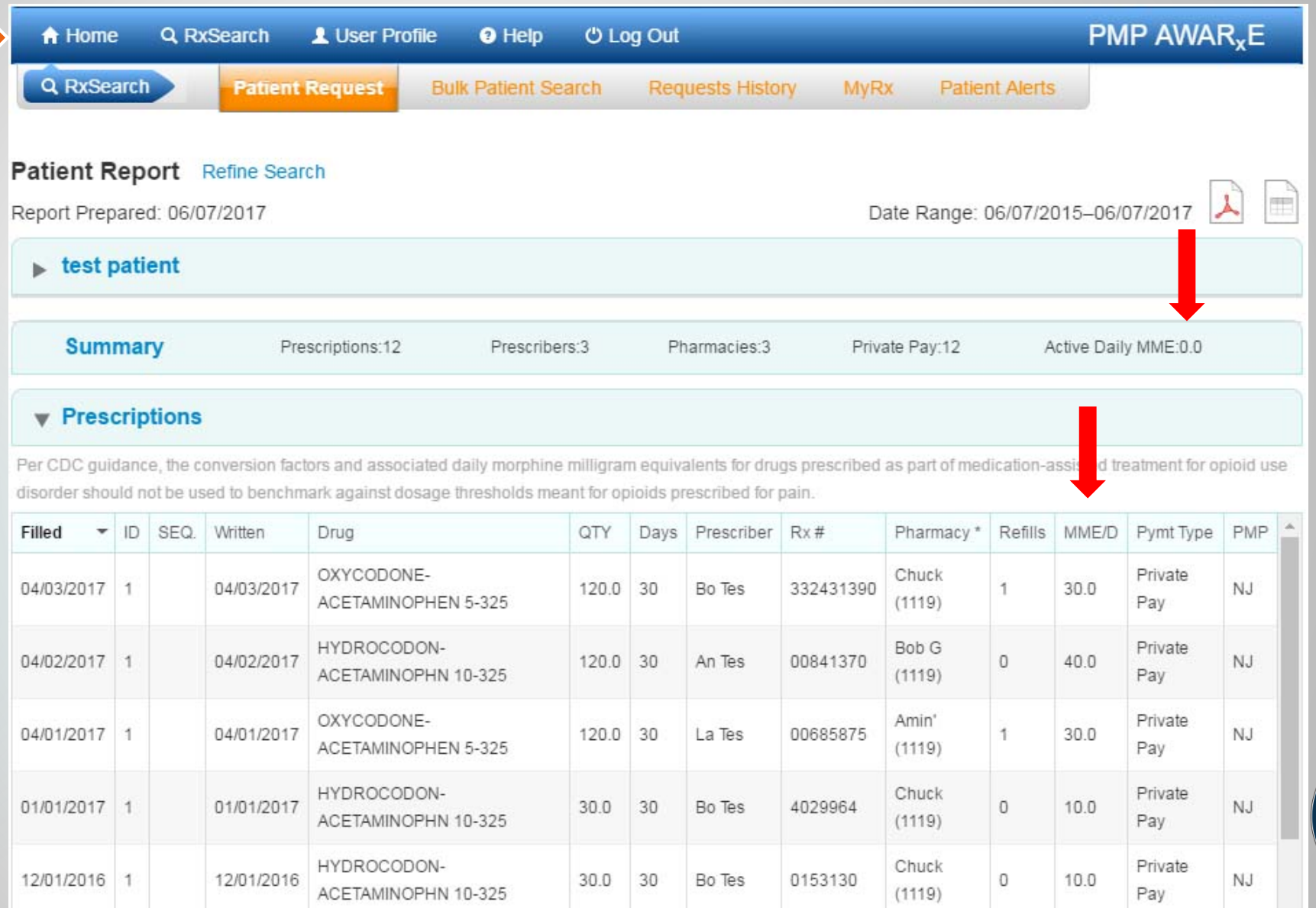
User Profile → **Default PMPi States**



Morphine Milligram Equivalent (MME)

RxSearch **Patient Request**

- **Summary:** Active Daily MME value
- **Prescription:** Daily MME value for each prescription
- Use CDC Conversion Factor



Home | RxSearch | User Profile | Help | Log Out | PMP AWARxE

RxSearch | Patient Request | Bulk Patient Search | Requests History | MyRx | Patient Alerts

Patient Report Refine Search

Report Prepared: 06/07/2017

Date Range: 06/07/2015–06/07/2017

test patient

Summary Prescriptions:12 Prescribers:3 Pharmacies:3 Private Pay:12 Active Daily MME:0.0

Prescriptions

Per CDC guidance, the conversion factors and associated daily morphine milligram equivalents for drugs prescribed as part of medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain.

Filled	ID	SEQ.	Written	Drug	QTY	Days	Prescriber	Rx #	Pharmacy *	Refills	MME/D	Pymt Type	PMP
04/03/2017	1		04/03/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	Bo Tes	332431390	Chuck (1119)	1	30.0	Private Pay	NJ
04/02/2017	1		04/02/2017	HYDROCODON-ACETAMINOPHN 10-325	120.0	30	An Tes	00841370	Bob G (1119)	0	40.0	Private Pay	NJ
04/01/2017	1		04/01/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	La Tes	00685875	Amin' (1119)	1	30.0	Private Pay	NJ
01/01/2017	1		01/01/2017	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	4029964	Chuck (1119)	0	10.0	Private Pay	NJ
12/01/2016	1		12/01/2016	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	0153130	Chuck (1119)	0	10.0	Private Pay	NJ

MME Conversion Factor (CDC)

HOW MUCH IS 50 OR 90 MME/DAY FOR COMMONLY PRESCRIBED OPIOIDS?

50 MME/day:

- 50 mg of hydrocodone (10 tablets of hydrocodone/acetaminophen 5/300)
- 33 mg of oxycodone (~2 tablets of oxycodone sustained-release 15 mg)
- 12 mg of methadone (<3 tablets of methadone 5 mg)

90 MME/day:

- 90 mg of hydrocodone (9 tablets of hydrocodone/acetaminophen 10/325)
- 60 mg of oxycodone (~2 tablets of oxycodone sustained-release 30 mg)
- ~20 mg of methadone (4 tablets of methadone 5 mg)

CDC Guideline for Prescribing Opioids for Chronic Pain

Calculating morphine milligram equivalents (MME)

OPIOID (doses in mg/day except where noted)	**CONVERSION FACTOR**
Codeine	0.15
Fentanyl transdermal (in mcg/hr)	2.4
Hydrocodone	1
Hydromorphone	4
Methadone	
1-20 mg/day	4
21-40 mg/day	8
41-60 mg/day	10
≥ 61-80 mg/day	12
Morphine	1
Oxycodone	1.5
Oxymorphone	3

These dose conversions are estimated and cannot account for all individual differences in genetics and pharmacokinetics.

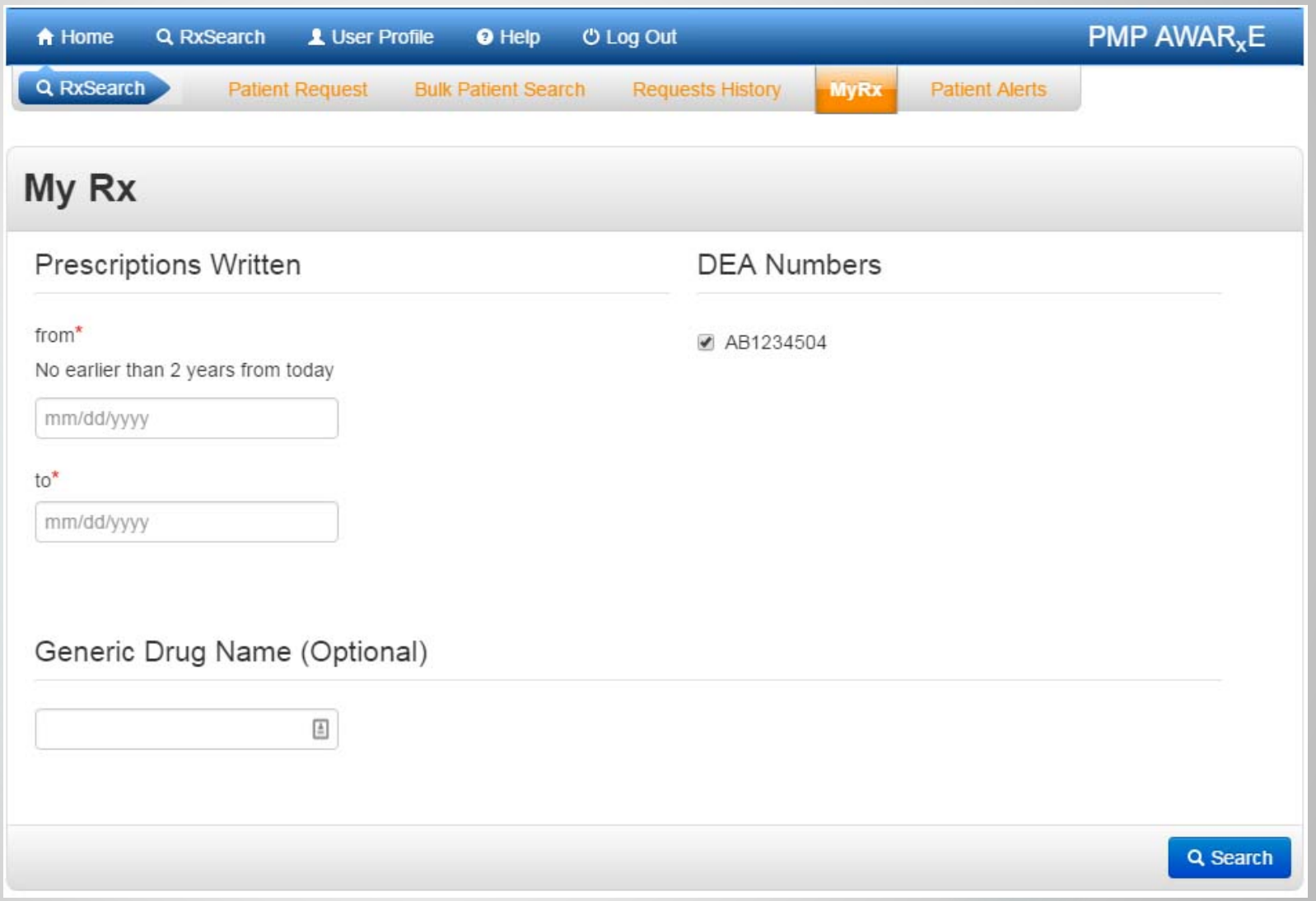
USE EXTRA CAUTION:

- **Methadone:** the conversion factor increases at higher doses
- **Fentanyl:** dosed in mcg/hr instead of mg/day, and absorption is affected by heat and other factors

Prescriber Self-Lookup (MyRx)

RxSearch → MyRx

- Displays all patient prescriptions dispensed under your DEA Number
- Periodically review your prescription history
  - Patient Compliance
  - Unauthorized Prescriptions



A Prescriber's Prescription History

- 63 Total Prescriptions
  - 26 Cash
  - 35 Insurance
  - 2 Medicaid/Medicare
- 51 Different "Patients"
  - 21 Under Age 30
  - 31 Between 30-50
  - 11 Over Age 52
- 29 Different Pharmacies

De-Identified Patient	Rx Fill Date	Drug Name	Qty	Days Supply	Payment Type
KESI	11/17/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
AGLU	11/18/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
DANO	11/19/2014	OXYCODONE HCL 30 MG TABLET	180	30	Cash
SHSE	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
ARNE	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
BRDR	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Medicaid
JONA	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
PAIH	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
STSE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
CLSE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
JASE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
MIAR	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
MAAH	11/24/2014	OXYCODONE HCL 30 MG TABLET	90	15	Cash
DAON	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
ANNO	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
MIYE	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
RIRO	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
UNNO	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	30	Cash
KASE	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
ASNI	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance

Review Your Prescription History

- Doctor is an Anesthesiologist
  - Never wrote prescriptions for controlled substances
- Doctor's DEA number was stolen
- All 63 prescriptions were written and filled in a 30 day time period

- Doctor discovered the issue when he used the prescriber self-lookup report

- Reported to the NJ Drug Control Unit and NJPMP

Safer Prescribing

- E-Prescribing of Controlled Substances (EPCS)
- Periodic review of your prescription history
  - Notify a pharmacy if a patient's prescription is incorrect
- Utilize delegate(s) to obtain a patient's NJPMP report
  - Quarterly review of patients' NJPMP report if on an opioid therapy for extended period of time

Informational Resources

www.NJConsumerAffairs.gov

- **NJPMP**
- **Prescribing for Pain**
  - FAQs and information on the new 5 day prescribing law
- **Project Medicine Drop**
  - Safe disposal of controlled substance medications
- **Drug Control Unit**
  - EPCS information

Contact the NJPMP

Matthew Wetzel, Acting Administrator

If you have questions or issues, please email the NJPMP at:

NJPMP@dca.lps.state.nj.us

Or call: **973-504-8010**