

NJPMP & Safer Prescribing

JUNE 12, 2017

Matthew R. Wetzel

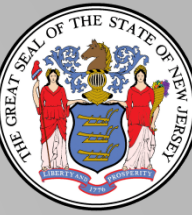
Acting Administrator, New Jersey Prescription Monitoring Program

Assistant Deputy Director, Division of Consumer Affairs



Disclosure

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Mr. Wetzel is the Acting Administrator of the New Jersey Prescription Drug Monitoring Program (NJMPMP) and a representative of the State of New Jersey. Any patient or prescriber history that is referenced in this presentation has been de-identified and is used for demonstration purposes only.



The Opioid Epidemic



12.5 Million people misused prescription pain relievers in the past year¹

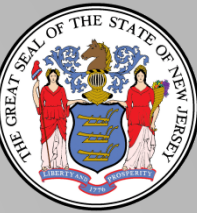
There was a 200% increase in the number of emergency department visits related to opioid misuse from 2005 to 2011⁴

20.8 Million people met diagnostic criteria for a substance use disorder in 2015, but **ONLY 2.2 Million** received treatment¹



¹ 2015 National Survey on Drug Use and Health
² 2013 Center for Behavior Health Statistics and Quality Report, SAMHSA

NJ Opioid Prescribing



12.2 Million controlled substances were dispensed in NJ in 2016. Nearly 46% were for a narcotic drug

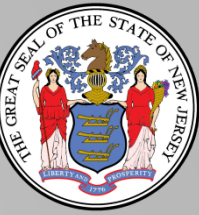
In 2016, over 42% of narcotic prescriptions dispensed in NJ were for **greater than a 21 days supply**. An increase of almost 9% from 2012

In 2016, 36% of narcotic prescriptions dispensed in NJ were for **less than a 10 days supply**. A decrease of over 7% from 2012



NJ Opioid Prescribing

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Tramadol was scheduled as a Schedule IV in August 2014

Hydrocodone containing products were rescheduled as a Schedule II in October 2014

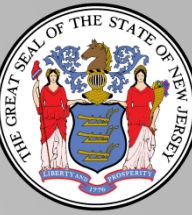
Prescriptions for Schedule IV narcotic drugs have **increased from <1% in 2013 to 15.5% in 2016**

Prescriptions for Schedule II narcotic drugs have **decreased from 79% in 2013 to 65% in 2016**



NJPMP Update

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- ▶ Platform Change to NJPMP AWARe (Nov. 2016)
 - ▶ newjersey.pmpaware.net
- ▶ Delegates for Prescribers
 - ▶ Licensed:
 - ▶ Registered Nurse (RN)
 - ▶ Licensed Practical Nurse (LPN)
 - ▶ Physician Assistant (PA) w/o DEA
 - ▶ Advanced Practice Nurse (APN) w/o DEA
 - ▶ Dental Hygienist, Registered Dental Assistant
 - ▶ Unlicensed:
 - ▶ Certified Medical Assistant (CMA)



NJPMP AWARxE – New Features

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My Dashboard

Patient Alerts

No patient alerts received.

Recent Requests

Patient Name	DOB	Request Date	Status
James Good	05/05/1999	06/02/2017 1:43 PM	complete
Jake Adams	04/04/1985	06/02/2017 1:43 PM	complete
Jackie White	03/03/1965	06/02/2017 1:43 PM	complete
John Smith	02/02/1970	06/02/2017 1:43 PM	complete
Jane Doe	01/01/1950	06/02/2017 1:43 PM	complete

[Requests History](#)

Supervisors

No Supervisors found.

PMP Announcements

No Announcements Available.

Quick Links



Delegates – Add Supervisor (Prescriber)



User Profile

My Profile

Home Data RxSearch Insight Admin Settings User Profile Help PMP AWARxE
User Profile My Profile Default PMPi States Delegate Management Password Reset Log Out

My Profile

Add a Healthcare Specialty

[Browse All](#)

Search by keyword (e.g. Allergy, Internal, Sports, Clinical,

Designates Primary Specialty

Animate Interface

Time Zone

Eastern Time (US & Canada)

Email: wetzelm@dca.lps.state.nj.us

Change Email

Re-enter Email

Supervisors:

I am a delegate for...

...the following people email: + Add...

Matthew Wetzel
 matthew.wetzel@lps.state.nj.us
State of NJ P: 9735046476 F:
124 Halsey Street, Newark, NJ 07101

Enter Email Address of Prescriber (Supervisor)



▶ No Limit to Number of Supervisors

▶ Delegate will need to choose which prescriber they are performing the patient search on behalf of



Prescriber- Approve Delegate

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User Profile

Delegate Management

Home RxSearch User Profile Help Log Out PMP AWAR_xE

User Profile My Profile Default PMPi States Delegate Management Password Reset Log Out

First	Last	Role	Delegate Status	Date Requested
Matthew	Wetzel	Admin	...	06/06/2017

Matthew Wetzel Admin

phone 973-504-6476

email wetzelm@dca.lps.state.nj.us

address 124 Halsey Street 6th Floor
Newark, NJ 07102

birthday 02/25/1985

Delegate ...

1 Supervisor
Matthew Wetzel
matthew.wetzel@lps.state.nj.us

0 Delegates

Healthcare Specialty

▶ Approve a New Delegate

▶ Remove an Active Delegate



Bulk Patient Search



Home RxSearch User Profile Help Log Out PMP AWAR_xE

RxSearch Patient Request **Bulk Patient Search** Requests History MyRx Patient Alerts

Bulk Patient Search

Enter Patients by

Manual Entry

First Name* Last Name* Date of Birth* Zip Code

OR

File Upload [Sample file](#) ←



Bulk Patient Search

RxSearch

Bulk Patient Search

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Name Grouping

Group Name*

Prescription Fill Dates

From*

No earlier than 2 years from today

To*

PMP Interconnect Search

- Connecticut
- Delaware
- Maine
- Massachusetts
- Minnesota
- New Hampshire
- New York
- Pennsylvania
- Rhode Island
- South Carolina
- Virginia
- West Virginia

▼ Bulk Search History

Bulk Search Name	Number of Patients	Date Requested	Processing	Incomplete	Ready
PA Test	5	06-02-2017	0	0	5
PA Test	5	06-02-2017	0	3	2

User defined search name



NJPMP Data Sharing

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NJPMP Shares controlled substance prescription data with the following states:

Recently Added:

- ▶ Pennsylvania
- ▶ Massachusetts
- ▶ New Hampshire
- ▶ Maine
- ▶ West Virginia

Existing States:

- ▶ New York
- ▶ Connecticut
- ▶ Delaware
- ▶ Rhode Island
- ▶ Virginia
- ▶ South Carolina
- ▶ Minnesota



Setting Default PMPi States

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User Profile Default PMPi States

Home RxSearch User Profile Help Log Out PMP AWAR_xE

User Profile My Profile **Default PMPi States** Delegate Management Password Reset Log Out

Default InterConnect PMPs

- Connecticut
- Delaware
- Maine
- Massachusetts
- Minnesota
- New Hampshire
- New York
- Pennsylvania
- Rhode Island
- South Carolina
- Virginia
- West Virginia

Update Defaults



Morphine Milligram Equivalent (MME)



RxSearch Patient Request

- ▶ **Summary:** Active Daily MME value
- ▶ **Prescription:** Daily MME value for each prescription
- ▶ Use CDC Conversion Factor

Home RxSearch User Profile Help Log Out PMP AWAR_xE

RxSearch Patient Request Bulk Patient Search Requests History MyRx Patient Alerts

Patient Report Refine Search

Report Prepared: 06/07/2017 Date Range: 06/07/2015–06/07/2017

test patient

Summary Prescriptions:12 Prescribers:3 Pharmacies:3 Private Pay:12 Active Daily MME:0.0

Prescriptions

Per CDC guidance, the conversion factors and associated daily morphine milligram equivalents for drugs prescribed as part of medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain.

Filled	ID	SEQ.	Written	Drug	QTY	Days	Prescriber	Rx #	Pharmacy *	Refills	MME/D	Pymt Type	PMP
04/03/2017	1		04/03/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	Bo Tes	332431390	Chuck (1119)	1	30.0	Private Pay	NJ
04/02/2017	1		04/02/2017	HYDROCODON-ACETAMINOPHN 10-325	120.0	30	An Tes	00841370	Bob G (1119)	0	40.0	Private Pay	NJ
04/01/2017	1		04/01/2017	OXYCODONE-ACETAMINOPHEN 5-325	120.0	30	La Tes	00685875	Amin' (1119)	1	30.0	Private Pay	NJ
01/01/2017	1		01/01/2017	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	4029964	Chuck (1119)	0	10.0	Private Pay	NJ
12/01/2016	1		12/01/2016	HYDROCODON-ACETAMINOPHN 10-325	30.0	30	Bo Tes	0153130	Chuck (1119)	0	10.0	Private Pay	NJ



MME Conversion Factor (CDC)

HOW MUCH IS 50 OR 90 MME/DAY FOR COMMONLY PRESCRIBED OPIOIDS?

50 MME/day:

- 50 mg of hydrocodone (10 tablets of hydrocodone/acetaminophen 5/300)
- 33 mg of oxycodone (~2 tablets of oxycodone sustained-release 15 mg)
- 12 mg of methadone (<3 tablets of methadone 5 mg)

90 MME/day:

- 90 mg of hydrocodone (9 tablets of hydrocodone/acetaminophen 10/325)
- 60 mg of oxycodone (~2 tablets of oxycodone sustained-release 30 mg)
- ~20 mg of methadone (4 tablets of methadone 5 mg)

CDC Guideline for Prescribing Opioids for Chronic Pain

Calculating morphine milligram equivalents (MME)

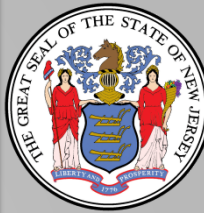
OPIOID (doses in mg/day except where noted)	CONVERSION FACTOR
Codeine	0.15
Fentanyl transdermal (in mcg/hr)	2.4
Hydrocodone	1
Hydromorphone	4
Methadone	
1-20 mg/day	4
21-40 mg/day	8
41-60 mg/day	10
≥ 61-80 mg/day	12
Morphine	1
Oxycodone	1.5
Oxymorphone	3

These dose conversions are estimated and cannot account for all individual differences in genetics and pharmacokinetics.

USE EXTRA CAUTION:

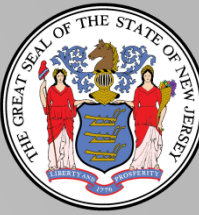
- **Methadone:** the conversion factor increases at higher doses
- **Fentanyl:** dosed in mcg/hr instead of mg/day, and absorption is affected by heat and other factors

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Prescriber Self-Lookup (MyRx)

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- ▶ Displays all patient prescriptions dispensed under your DEA Number
- ▶ Periodically review your prescription history
 - ▶ Patient Compliance
 - ▶ Unauthorized Prescriptions

Home RxSearch User Profile Help Log Out PMP AWAR_xE

RxSearch Patient Request Bulk Patient Search Requests History **MyRx** Patient Alerts

My Rx

Prescriptions Written	DEA Numbers
from* No earlier than 2 years from today <input type="text" value="mm/dd/yyyy"/>	<input checked="" type="checkbox"/> AB1234504
to* <input type="text" value="mm/dd/yyyy"/>	
Generic Drug Name (Optional) <input type="text"/>	



A Prescriber's Prescription History



- ▶ 63 Total Prescriptions
 - ▶ 26 Cash
 - ▶ 35 Insurance
 - ▶ 2 Medicaid/Medicare

- ▶ 51 Different "Patients"
 - ▶ 21 Under Age 30
 - ▶ 31 Between 30-50
 - ▶ 11 Over Age 52

- ▶ 29 Different Pharmacies

De-Identified Patient	Rx Fill Date	Drug Name	Qty	Days Supply	Payment Type
KESI	11/17/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
AGLU	11/18/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
DANO	11/19/2014	OXYCODONE HCL 30 MG TABLET	180	30	Cash
SHSE	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
ARNE	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
BRDR	11/20/2014	OXYCODONE HCL 30 MG TABLET	120	20	Medicaid
JONA	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
PAIH	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
STSE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
CLSE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
JASE	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
MIAR	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
MAAH	11/24/2014	OXYCODONE HCL 30 MG TABLET	90	15	Cash
DAON	11/24/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
ANNO	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
MIYE	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
RIRO	11/25/2014	OXYCODONE HCL 30 MG TABLET	120	20	Cash
UNNO	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	30	Cash
KASE	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance
ASNI	11/26/2014	OXYCODONE HCL 30 MG TABLET	120	20	Insurance



Review Your Prescription History

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- ▶ Doctor is an Anesthesiologist
 - ▶ Never wrote prescriptions for controlled substances
- ▶ Doctor's DEA number was stolen
- ▶ All 63 prescriptions were written and filled in a 30 day time period

- ▶ Doctor discovered the issue when he used the prescriber self-lookup report

- ▶ Reported to the NJ Drug Control Unit and NJPMP



Safer Prescribing

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- ▶ E-Prescribing of Controlled Substances (EPCS)
- ▶ Periodic review of your prescription history
 - ▶ Notify a pharmacy if a patient's prescription is incorrect
- ▶ Utilize delegate(s) to obtain a patient's NJPMP report
 - ▶ Quarterly review of patients' NJPMP report if on an opioid therapy for extended period of time



Informational Resources

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www.NJConsumerAffairs.gov

- ▶ **NJPMP**
- ▶ **Prescribing for Pain**
 - ▶ FAQs and information on the new 5 day prescribing law
- ▶ **Project Medicine Drop**
 - ▶ Safe disposal of controlled substance medications
- ▶ **Drug Control Unit**
 - ▶ EPCS information





Contact the NJPMP

Matthew Wetzel, Acting Administrator

If you have questions or issues, please email the NJPMP at:

NJPMP@dca.lps.state.nj.us

Or call: **973-504-8010**

