

Who We Are







What We Are Facing Current Drug Trends



Opiate Abuse In New Jersey

Survey Finds 1 In 5 College Students Have Abuse

Sen. Joseph Vitale speaks Wednesday at the announcement of a package of bills focused on the state's heroin crisis.

A package of bills aimed at stemming heroin and opioid painkiller addiction in New Jersey

was announced on Wednesday by lawmakers, the first coordinated legislative response to a

crisis that has overwhelmed the health care system, confounded law enforcement and

The 21 bills, which have bipartisan support and several of which have already been introduced in the state Senate or Assembly, focus on education, prevention and access to

caused hundreds of deaths



The Overdose Protection Act, which allows law enforcement to carry the

would be expanded to include substance abuse worke

5-2029*, sponsored by Senators Turner and V collection and resource targeting by governmen parental permission, for students to participate anonymous substance abuse surveys.

5-2369/A-2859**, sponsored by Senators W1 Eustace and Benson and Assemblywoman Vain

number of places individuals can drop off unus expanding "Project Medicine Drop" locations to

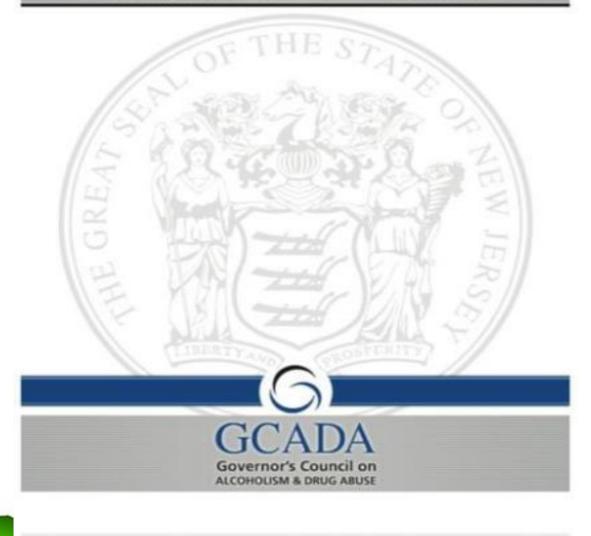
every county sheriff's office and in county and I

that chose to participate



Confronting NJ's New Drug Problem

Task Force on Heroin and Other Opiate Use by New Jersey's Youth and Young Adults



A strategic action plan to address a burgeoning heroin/opiate epidemic among adolescents and young adults

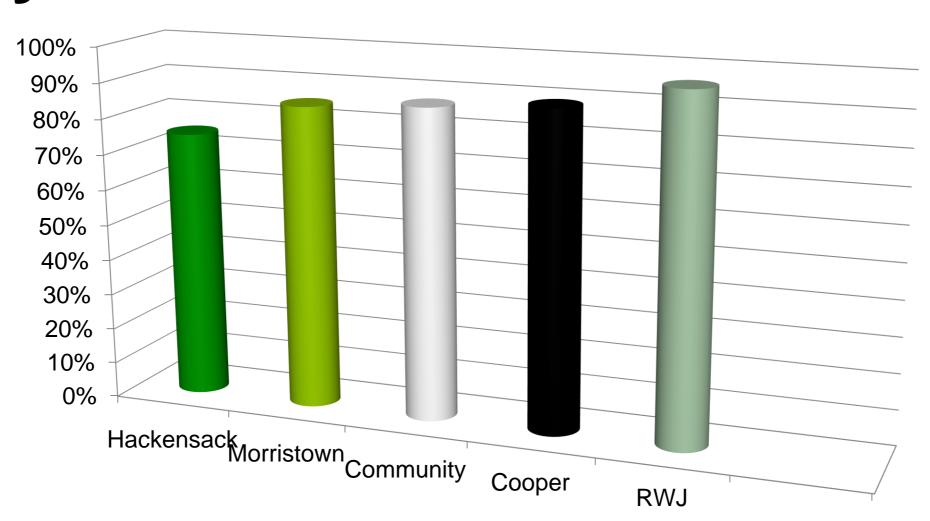


Engaging Stakeholders

- Law Enforcement
- Physicians
- Faith Based Leaders
- Community Prevention Agencies



Physicians and Law Enforcement









Do No Harm Symposium Series

NATIONAL DRUG CONTROL STRATEGY

2015



NATIONAL DRUG CONTROL STRATEGY

Developing Solutions to New Jersey's Opioid Epidemic

DEA New Jersey Division, HIDTA New York and New Jersey, and the Partnership for a Drug-Free New Jersey organized the Do No Harm symposiums to address New Jersey's opioid epidemic. These symposia brought together healthcare practitioners from across the state to discuss and develop solutions to this public health crisis.

In 2014, a total of five symposia were held based on the goals set forth in the Administration's Epidemic: Responding to America's Prescription Drug Abuse Crisis. This plan focused on educating healthcare providers; the link between overprescribing and development of a substance use disorder; appropriately prescribing controlled medications; the importance of safe and legal prescription drug disposal; and the value of participating in the New Jersey prescription drug monitoring program (PDMP).

Several physicians in attendance said that they learned the benefits of PDMPs and would use the system more. Throughout the series, hundreds of physicians registered for the New Jersey PDMP at a mobile PDMP registration table.

Perhaps most importantly, many of the 1,000 healthcare providers who attended a Do No Harm symposium reported that they would change the way they work with their patients. Specifically, healthcare providers reported learning important tips on how to identify patients who might be diverting drugs or who have a substance use disorder. Healthcare providers also mentioned the importance of educating their co-workers and staff about the scope of this issue; and reported plans to revise their prescribing protocols and expand the use of non-pharmaceutical methods of pain management. No

Action Item: Coordinate Interagency Response to Emerging Drug Related Criminal Activity in Locations with Limited Law Enforcement Resources (5.3.J)

The economic boom associated with the oil and gas development in the Bakken Region of North Dakota and Montana continues to place a strain on the area's infrastructure and security. In conjunction with the Domestic Policy Council, ONDCP has worked with our Federal, state, tribal, and local partners to address emerging threats in the Bakken region. In August 2014, ONDCP released its updated and expanded Northern Border Strategy, which includes a section dedicated to drug trafficking in the Bakken region and our efforts to address this threat. Also, in late 2013, ONDCP designated Williams County, ND, which lies at the heart of the Bakken region, as part of the HIDTA program. In addition, Federal agencies jointly launched "Project Safe Bakken," an initiative that will address crime and target drug trafficking organizations and criminal enterprises operating in the Bakken region and surrounding communities.



Assessing the Need

- Requests from Faith Leaders for information to help them to become engaged in the prevention of opiate abuse in their community.
- Conversations with Faith Leaders regarding the need for information and resources on prevention and treatment.
- Faith-based leaders and officials are valuable resources for those suffering from substance abuse – particularly during this epidemic of opiate abuse here in New Jersey

Capacity Who is a Faith Based Leader?

Who to Invite:

- All Denominations
- Clergy Leaders
- Volunteers
- Lay leaders
- Youth leaders
- Law Enforcement Clergy





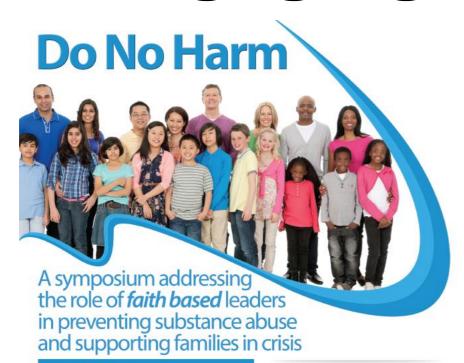
Capacity Who is a Faith Based Leader?

How to Invite:

- Invitations sent to all denominations of Faith Leaders
- Outreach through the State Office of Faith Based Initiatives
- Information shared with Municipal Alliances and other community prevention and treatment organizations.



Engaging Faith Leaders



Topics to be explored:

- Current trends in substance abuse afflicting New Jersey families
- The dynamic of addiction and how to prevent substance abuse in your congregation
- Resources and information to assist those suffering from addiction
- Key steps in supporting long term recovery

December 4, 2014

Newark Museum 49 Washington Street Newark, NJ 07102

Registration & Breakfast: 8:00am-9:00am Symposium: 9:00am-12:30pm



In order to register for this FREE symposium, visit:

www.drugfreenj.org/faithbaseddonoharm

This symposium is part of the Partnership for a Drug-Free New Jersey's Do No Harm Symposium Series. There is no cost to attend
This symposium is designed to empower the faith based community with resources and information
to help prevent and address substance abuse in their congregation.
For more information, please call: 973-467-2100

- Clergy
- Lay leaders
- Volunteers
- Youth Leaders

"This symposium is aimed at educating the religious community about this deadly epidemic and providing resources and information for them to assist the families in their congregations. Our objective is to better equip our religious community leaders to handle the opiate abuse epidemic in their congregations so we can save more lives."



Engaging Faith Leaders

Do No Harm

A Symposium with New Jersey's Faith Based Community

Registration & Breakfast

Welcome:

- · Angelo M. Valente, Executive Director, Partnership for a Drug-Free New Jersey
- . Timothy P. McMahon, Acting Unit Chief, Drug Enforcement Administration New Jersey Division
- · Jeanette M. Grimes, MHS, PDFNJ Educator

Panel Discussion: The Current State of Addiction in New Jersey

Moderated by: Jeanette M. Grimes, MHS

9:15am – 10:45 am

The Dynamics of Addiction and the Impact on the Family:

Fran Miceli, Med, LCADC, CSW, Clinical Director The Samaritan Center at the Jersey Shore

A Local Perspective on the National Epidemic of Prescription Drug Abuse:

 Group Supervisor Phil Streicher, Tactical Diversion Squad, Drug Enforcement Administration – New Jersey Division

Preventing Substance Abuse:

· Rebecca Alfaro, MSW, Director of Prevention and Training, Governor's Council on Alcoholism and Drug Abuse

Break: 10:45am-11:00am

Panel Discussion: Recovery, Resources, & Responding to Those in Need

Moderated by: Jeanette M. Grimes, MHS

11:00am -11:55am Face of the Issue:

Henry Mohammad Hamilton

Getting Help N

Patrick Roff, NJ Recovery Advocate, New Jersey Department of Mental Health and Addiction Services

The Essentials of Long-Term Addiction Treatment

Glen King, MHS, LCADC, Executive Director, Freedom House, Inc.

Closing and Networking







- Understanding Addiction
- Scope of the Issue
- Prevention
- Face of the Issue
- How to Help Someone Find Help
- Supporting Someone in Long Term Recovery

Planning the Agenda

- Family Counselor
- Drug Enforcement Administration NJ
- Governor's Council on Alcoholism and Drug-Abuse
- Face of the Issue
- How to Access Recovery
- How to Support Long Term Recovery



Family Dynamics of Addiction

The Seven C's

- I didn't Cause it.
- I can't Control it
- I can't Cure it

But,

I can help take Care of myself by:

- Communicating feelings
- Making good Choices, and
- Celebrating myself

Lost Child – Tries to Escape the Overwhelming Problems

- Usually a "good" kid
- Spends most time alone
- Quiet, withdrawn
- Lives in fantasy world
- Often suicidal



Thursday, December 11, 2014 The JERSEY JOURNAL LIFE 11 Life Faith Clergy reminded of role in addiction battle

stitutions and law enforcement officials at the Do No Harm symosium at the Newark Museum



family. After four state administra-

spoke about the

dynamics of ad-

about how addiction can affect a family and how children assume

something funny as a child to break tensions (in the family),"

The clinical di-rector for the Sa-

lente, executive director of the has existed. The need for these prescription drugs.

scription drugs than the number of cocaine, hallucinogen, methreicher, supervisor of the Tactical Diversion Squad of the N.J. Division of the Drug Enforce-

The danger for any household is that children can easily find

volunteers she engaged to role-play the parents and three chil-dren in a dysfunctional family This was the first symposium

Partnership for a Drug Free New perienced a crisis in the abuse o



MEDIA COORDINATOR Fran Miceli, right, the presenter in a program about the clergy's role in fighting drug addiction, speaks as her role-playing skit volunteers listen during a symposium last week on drug addiction.

nally developed to treat pain for cancer patients. Opiods are the the black market and may fetch anywhere between \$15 and \$30

Since 2007, New Jersey has crease by 71 percent, with three quarters from pharmaceutical

as early as age 12. Miceli said that with more are being pushed to perform be yond their physical capabilities and being medicated for pain. Streicher noted the overdose deaths of a dozen celebrities in-

Streicher's squad monitors 46,000 DEA registrants in New Jersey that are licensed to dis pense drugs, which he said is a

at doctors and medical personhow these drugs can be diverted, according to Christopher A, Jakim, the assistant special agent in charge of the state division of the federal DEA.

ment groups collaborate includ-ing the High Intensity Drug Trafficking Area (HIDTA) program ti-Drug Abuse Act of 1988, to state, local and tribal law enforcement agencies operating in areas determined to be critica drug-trafficking regions of the

This symposium was co-spon-sored by the state division of the DEA. Other speakers included Rebecca Alfaro, director of pre vention and training for the Gov and Drug Abuse; Patrick Roff, re-

The PDFNI was housed in until it moved to Millburn six

mission is to reduce demand for

The PDFNI received more Valente said that symposia in 2015 will target health

Rev. Alexander Santora is the pasto of The Church of Our Lady of Grace



Utilizing Prevention Science CADCA's Seven Strategies to Effect Community-Level Change

CADCA: Community Anti-Drug Coalitions of America

Provide Information

Build Skills

Provide Support

Reduce
Barriers and
Enhance
Access

Change Consequences

Change Physical Design

Modify Policy



Strategies for Change

- Provide Information:
 - Church bulletin
 - Town hall meetings
- Build Skills
 - Curriculum program- Strengthening Families, Life Skills Training
 - Trainings for sectors within the community- religious leaders, pediatricians, real estate agents, etc
- Provide Support
 - Mentoring program, supportive programs
 - Alternative activities



Strategies for Change

- Reduce Barriers and Increase Access
 - Offer materials in other languages
 - Offer trainings on-site
- Change Consequences
 - Recognition events and public awareness
 - Use opportunities to deter negative activity
- Change the Physical Design
 - Signage in the place of worship
 - Bushes and landscaping, if blocking visibility in a place of access
- Modify Policy
 - Changing community systems or practices
 - Encourage use of the medication drop box locations



Comprehensive Programming

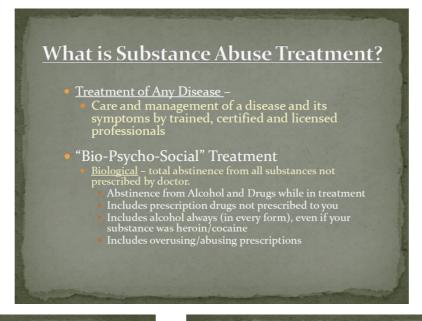
- Comprehensive direct service programs will:
 - Meet the needs of the community
 - May be evidence-based from the National Registry of Evidence Based Programs and Practices
 - May collect empirical data to support outcomes
 - Account for community readiness
 - Reduce barriers and create opportunities for high-risk youth and families
 - Complement the cultural composition of the community



Available Statewide Resources

Getting Help in NJ: Intervention, Referral to Treatment and Recovery Support

Patrick Roff, MA
Addiction Recovery Advocate
NJ Division of Mental and Addiction Services
December 4, 2014



Avoid the "WHY" Question - for now Very likely your loved one had no idea what they were getting into, and when and if they did it was too late - addiction takes over choices. Deeper "Why's" connected to addiction can be addressed as treatment begins and during the life-long process of recovery. Humble yourself -- This is not about you Counseling is not admitting failure Talk with professionals - Be teachable Follow professional advice Doctor/ Treatment Professionals 12 step Recovery Fellowships - NA/AA Recovery Center/Coach

Recovery from Addiction

Recovery -- Daily Process of establishing and maintaining continued abstinence (one day at a time) - often called a "Program of Recovery"

A new way of being the world/A new way of living - ABSOLUTE HONESTY -- > Happy, Joyous and Free

HOWEVER - in early sobriety people are more likely to get worse before they get better in terms of happiness, moods and feelings

Involvement at Self Help Groups like AA and NA or involvement some "inner work" (counseling/therapy)

Self -Respect/Self-Understanding/Self-Awareness/Self-Care -> WORKING WITH OTHERS

Recovery Centers in NJ

1. Eva's Village Recovery Center

16 Spring Street
Paterson, NJ 07501
(973) 754-6784

2. Living Proof Recovery Center

108 Somerdale Ave.
Voorhees, NJ 08043
855-967-3268

3. Hope All Day Recovery Center

600 S. Odessa Avenue
Galloway Township, NJ 08205
(609) 379-CLUB (2582) hopeallday.org



Supporting Long Term Recovery

The essentials of long-term addiction treatment



Freedom House Long-Term Model

Able to attend to the multiple needs to the Individual, which is a suggested NIDA principle.

- Person can remain in treatment while addressing medical problems
- Helps build social relationship
- Psychological problems can be address while in treatment or with parallel care
- Vocational/employment



Typical Protocol

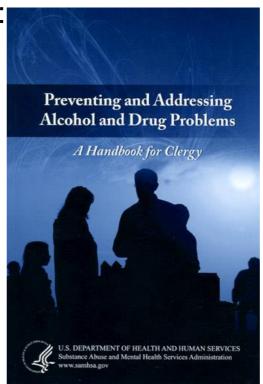
- Blackout period
- Attend group, individual and didactic sessions
- Drug screening
- Seek and maintain fulltime employment
- Resolve legal issues
- Make restitution
- Pay bills
- Make a contribution towards your treatment and or room and board.

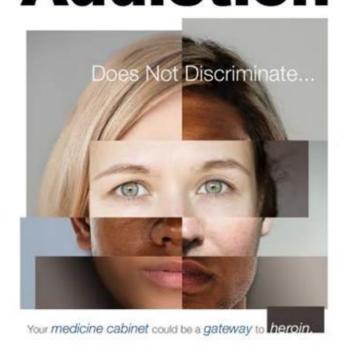




Implementation Resources Provided To Attendees Addiction

- On-Site Package of Information and Contacts
- Posters and materials provided to help reduce stigma
- Access to no-cost, on-site prevention program
- Access to Online toolkit of PSAs for use:
 - Bulletins
 - Newsletters
 - Websites
 - Email Blasts
 - Posters and Fliers







KnowAddiction.nj.gov

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Access to Education Campaign on the Signs and Symptoms of Opiate Abuse



Partnership for a Drug-Free New Jersey

Every day, two families in New Jersey lose a child to opioid abuse.

Are you talking to your kids yet Visit drugfreenj.org











Campaign Educating on Rx Drugs and Encouraging Engagement





Would you give your child HEROIN for a sports injury?

Would you give your child HEROIN for a sports injury?

Find Out How Prescription Drugs Can Lead to Heroin Abuse.



BEFORE THEY PRESCRIBE - YOU DECIDE.

Find Out How Prescription Drugs Can Lead to Heroin Abuse.

dnunfnooni or

Partnership for a Drug-Free New Jersey in Cooperation with the Governor's Council on Alcoholism and Drug Abous

BEFORE THEY PRESCRIBE - YOU DECIDE.

drugfreenj.org



Legitimate opiate use before high school graduation is independently associated to a

33% INCREASE in the risk of future opioid abuse after highschool.

Find Out How Prescription Drugs Can Lead to Heroin Abuse.

Partnership for a Drug-Free New Jers
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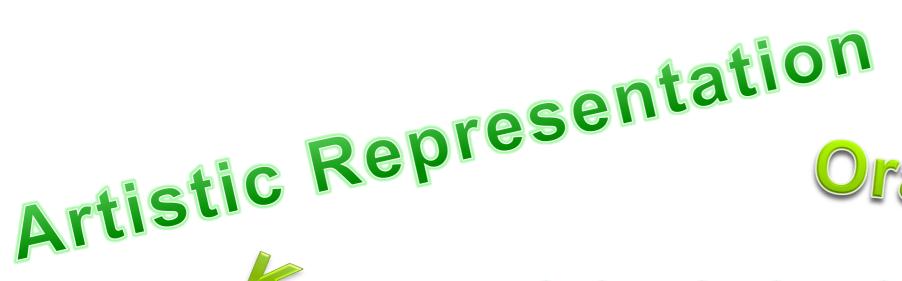


Evaluation Results

- 100% of the attendees stated they would implement the substance abuse prevention strategies shared.
- 95% of attendees indicated they would share with other faith leaders in their community.
- 90% of attendees felt prepared to assist someone access treatment.



Creative Evaluation



Oral Processes

FOCUS GROUPS

Written Evaluation

Lessons Learned Positives

- · Desire become engaged in this issue
- Access to large audiences
- Respected members of their community



Lessons Learned Negatives

- Stigma Exists
- Location Matters
- Volunteers and Faith Based Leaders Have a Lot on the Plate
- Limited Technical Skills



Take Home Message

Clergy become first responders in drug war

LORRAINE ASH, @LorraineVAsh

3:52 a.m. EDT September 21, 2015



(Photo: Bob Karp/Staff Photographer)



MORRISTOWN For decades, churches have allowed Alcoholics and Narcotics Anonymous groups to meet in their basements, but that's not enough anymore, the Rev. Sidney Williams told some 60 clergy people from across the state who gathered Wednesday in the pews of his Bethel AME Church.

Not with the state drug overdose rate, driven mostly by opiates, up 71 percent since 2007, a statistic compiled by the U.S. Drug Enforcement Administration (DEA).

The Partnership for a Drug-Free New Jersey's Do No Harm Symposium was geared for faith-based leaders who want to learn more about the opiate epidemic and how



Thank you!

