# The Opiate / Opioid Epidemic

...what a pain in the ED!





**Monmouth Medical Center** 

**Community Medical Center** 

Monmouth Medical Center Southern Campus

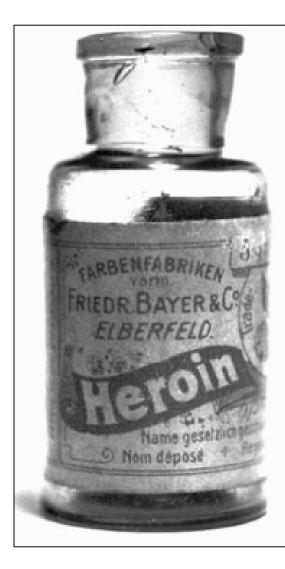
March 15th, 2016





214 West State Street • Trenton, New Jersey 08608
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Am. J. Ph.]

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[December, 1901

### **BAYER Pharmaceutical Products**

# HEROIN-HYDROCHLORIDE

is pre-eminently adapted for the manufacture of cough elixirs, cough balsams, cough drops, cough lozeoges, and cough medicines of any kind. Price in 1 oz. packages, \$4.85 per ounce; less in larger quantities. The efficient dose being very small (1-48 to 1-24 gr.), it is

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# **NEJM: Addiction is Rare**

Vol. 302 No. 2

CORRESPO

## ADDICTION RARE IN PATIENTS TREATED WITH NARCOTICS

To the Editor: Recently, we examined our current files to determine the incidence of narcotic addiction in 39,946 hospitalized medical patients' who were monitored consecutively. Although there were 11,882 patients who received at least one narcotic preparation, there were only four cases of reasonably well documented addiction in patients who had no history of addiction. The addiction was considered major in only one instance. The drugs implicated were meperidine in two patients,<sup>2</sup> Percodan in one, and hydromorphone in one. We conclude that despite widespread use of narcotic drugs in hospitals, the development of addiction is rare in medical patients with no history of addiction.

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 Jick H, Miettinen OS, Shapiro S, Lewis GP, Siskind Y, Slone D. Comprehensive drug surveillance. JAMA. 1970; 213:1455-60.

 Müller RR, Jick H. Clinical effects of meperidine in hospitalized medical patients. J Clin Pharmacol. 1978; 18:180-8.

Porter J, Jick H: NEJM 1980; 302:123

# The Pain Mandates



Mandates pain scores in 2001



 Recommends fines for physicians and hospitals not treating pain



Attention Dispenser: Accompanying Medication Guide must be provided to the patient upon dispensing.

NDC 59011-460-10

OxyContine

(oxycodone hydrochloride extended-release tablets)

OxyContine

Oxy

XXXXXXXXX

Swallow tablets whole. Do not cut, break, chew, crush, or dissolve.

100 Tablets R<sub>x</sub> Only

Usual Dosage: Read accompanying prescribing literature.

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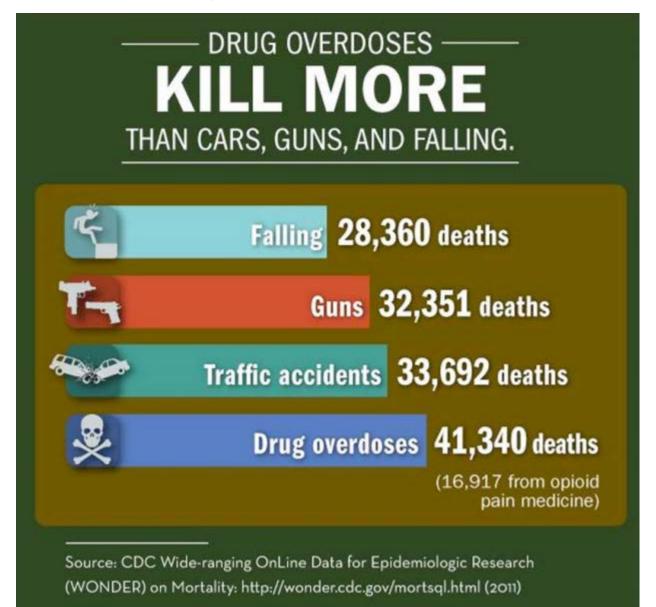
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# The Scope of The Problem





# NJACEP Pain Management Objectives

- Hospitals should adopt a pain management guideline
- Education
  - Physicians
  - Public
- Validate Treatment
  - Access the NJ RX
    - Who monitors the data
    - Decreased state to state variability
  - Create a linked EMR
  - Photo Identification

- Available resources to assist physicians
  - Hot Line, 211
- Follow up care / access
  - Regional pain clinics statewide
  - Custom care plans for patients
- Disposal of medication
  - "Drop Box"
- Outcome Data
  - Monitor the impact
    - Partner with Private insurers, Medicare, Medicaid, Pharma, DEA
    - Demonstration Project



# **Emergency Department Chronic Pain Policy**

- NJ PMP Database reviewed
- EMR reviewed
- Welcome letter
- Care Plan
- Letter mailed to patient and to the primary provider
- Updating care plans and staff
- Continuous monitoring and uniform approach



# **Overdose Prevention Act**

### **Overdose Prevention Campaign**

### We are the Drug Policy Alliance.

### The Overdose Prevention Act

On May 2, 2013, Governor Christie signed the *Overdose Prevention Act* into law. Below is a brief summary of the new law, as well as a sample of reasons why its passage was a responsible and necessary public health intervention.

### Why do we need overdose prevention legislation in New Jersey?

Drug overdose is a major public health problem and the leading cause of accidental death both in New Jersey and nationally. Almost 6,000 people in our state have died from drug overdoses since 2004 and more than 700 died in 2009 alone. State action is necessary in order to meaningfully address these tragic numbers.

### What does the Overdose Prevention Act do?

The law offers protection for those who experience or witness and drug overdose and seek medical attention from arrest, charge, prosecution and conviction for obtaining, possessing, using, being under the influence of, and failing to make lawful disposition of drugs; using or possessing drug paraphernalia; and revocation of parole and probation based on these charges. Legal protection does not extend to outstanding warrants, drug sales and other non-drug related crimes.

In addition, the statute encourages expanded access to naloxone, a medication that blocks the effects of opioid drugs such as heroin, oxycodone and methadone and rapidly reverses the respiratory depression that results from an overdose. Because naloxone is only available by prescription it is not widely accessible to those in a position to immediately render assistance in an overdose situation, such as peers and family members. The *Overdose Prevention Act* provides explicit civil and criminal protection to medical professionals and laypeople who prescribe and administer naloxone in an overdose situation.

### How will the Overdose Prevention Act save lives in New Jersey?

The legal protections contained in the *Act* are designed to encourage overdose victims and witnesses to seek medical assistance in the event of an overdose emergency, as well as facilitate access to naloxone among those best in a position to save a life.

Although the effects of a drug overdose are reversible with prompt medical attention, studies show that help is rarely sought in these situations. By guaranteeing limited legal protection from arrest and prosecution, the law eliminates fear as a major barrier to help-seeking.

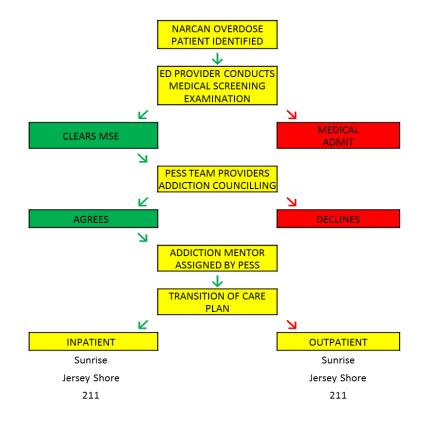
Furthermore, placing naloxone in the hands of at-risk individuals, as well as their friends and family members, will better ensure that those in an immediate position to help an overdose victim are able to effectively do so.

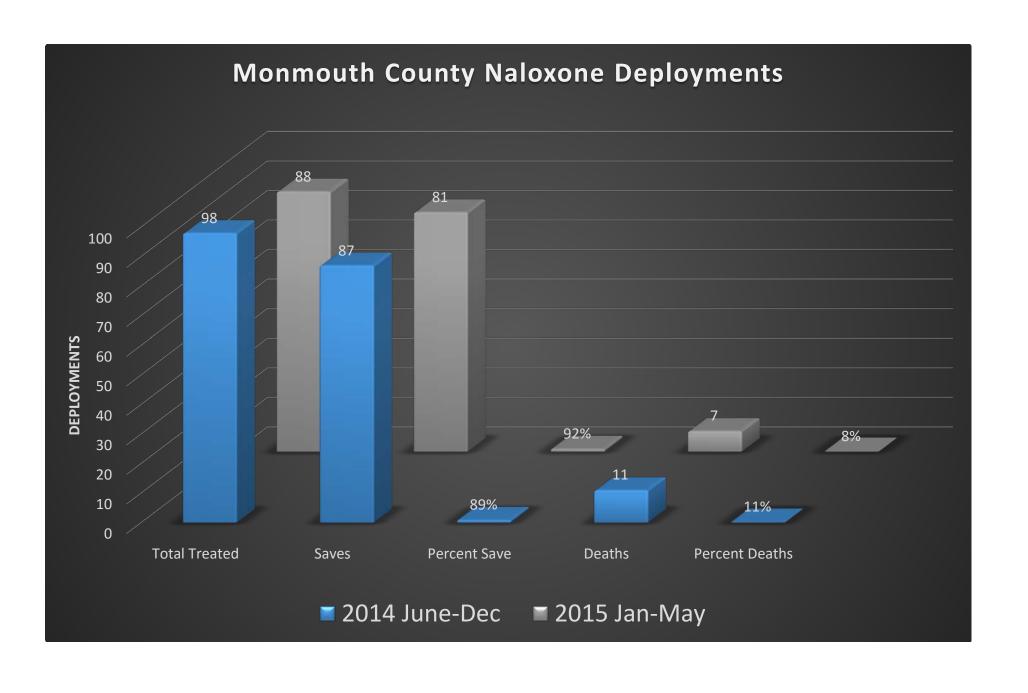
### When does the law take effect?

The start date of the *Overdose Prevention Act* is two part: the Good Samaritan protections for victims and witnesses of drug overdoses became effectively immediately after the Governor signed the bill. The civil and criminal protections for prescribers and administrators of naloxone becomes effective on July 1, 2013, in order to give the health department sufficient time to prepare for implementation.

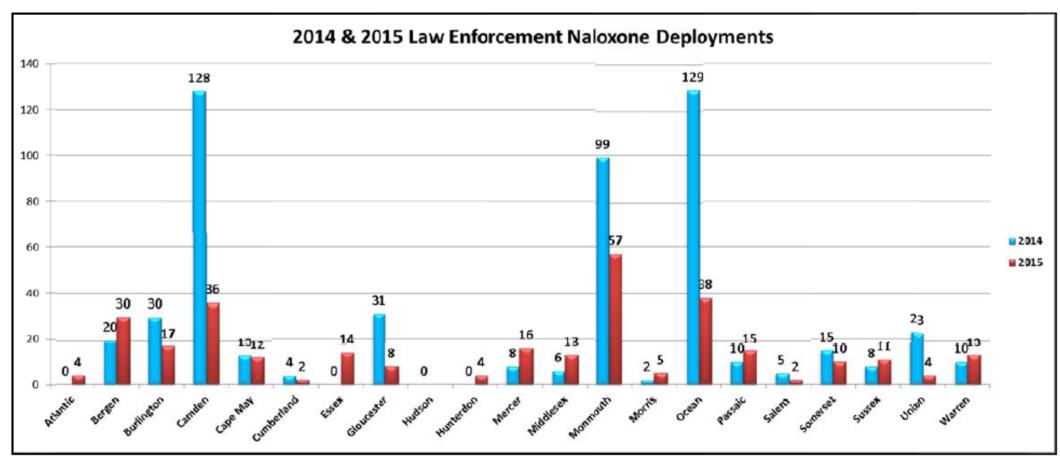
# NARCAN ONE: THE REVERSAL PROGRAM





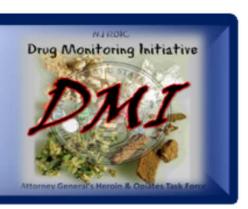


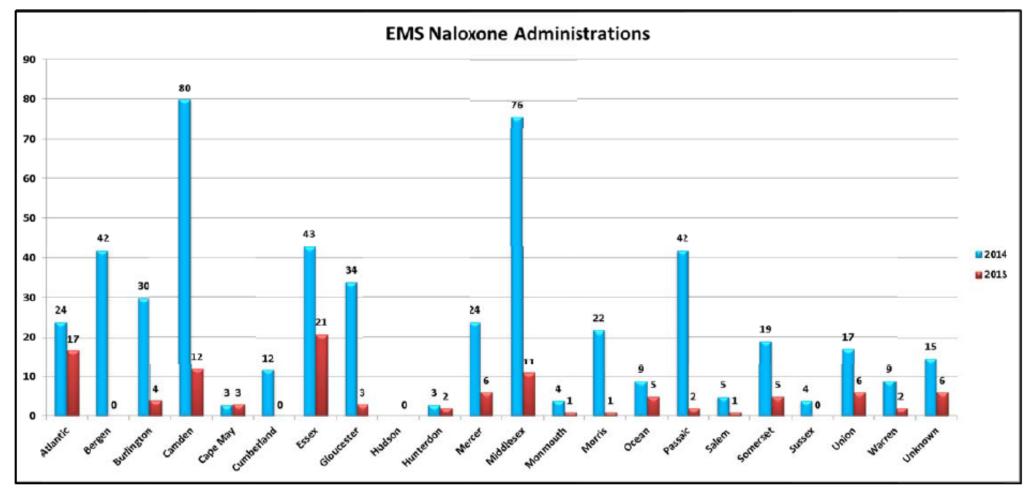






# Statewide Naloxone Deployments





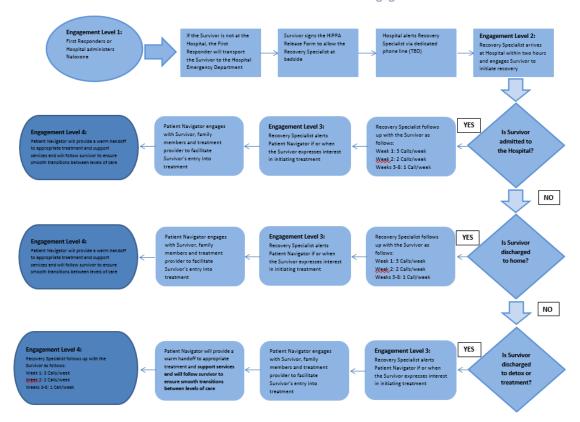
# NARCAN ONE FOLLOW UP DATA

## November 2014 – April 2015

Facility <u></u>	Patients <u></u>	Inpatient Referrals	Outpatient Referrals 🔼
BH A	20	4	2
вн в	1	0	1
вн с	5	0	0
	26	4	3

# NARCAN TWO: The Opiate Overdose Recovery Program

**Process Flowchart: The Four Levels of Engagement** 



# **OORP Outcomes**

January 18 – March 6 2016

HOSPITAL	INTERVENTION	
CMC	30	
MMC	10	
MMC SC	3	
JSUMC	1	
TOTAL	44	

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**Next Level of Care** 

19/26

73%

# The Interventions









More educated emergency department patients are less likely to receive opioids for acute pain

Timothy F. Platts-Mills <sup>a,b,e</sup>, Katie M. Hunold <sup>a</sup>, Andrey V. Bortsov <sup>a</sup>, April C. Soward <sup>a</sup>, David A. Peak <sup>c</sup>, Jeffrey S. Jones <sup>d</sup>, Robert A. Swor <sup>e</sup>, David C. Lee <sup>f</sup>, Robert M. Domeier <sup>g</sup>, Phyllis L. Hendry <sup>h</sup>, Niels K. Rathlev <sup>i</sup>, Samuel A. McLean <sup>a,b</sup>

# Questions

