

Advancements in Recovery

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April 15, 2016



NJ Substance Abuse Monitoring System (NJSAMS) Data

- * **2014 Total Treatment Admissions= 65,553**
 - Heroin as Primary Drug= 24,059 (41%)
 - Other Opioids as Primary Drug= 4,594 (8%)
- * **Highest # opioid treatment admissions**
 - Ocean > Essex > Monmouth > Camden > Atlantic County
- * **Resources treatment, prevention, and recovery support services**

Overcoming stigma (discrimination) and misperceptions

- * People can stop using if they just have the will.
- * Nobody stops using until they hit rock bottom.
- * If you continue to use drugs after getting treatment, you are hopeless.
- * Treatment does not work.
- * Treatment needs to be voluntary to work.
- * Abstinence must be the only goal.
- * Medication assisted treatment (MAT) only perpetuates addiction and leads to more misuse and diversion.

Benefits of MAT (methadone, buprenorphine, and naltrexone)

- * Detox (medication withdrawal) can be too “rough” for some without MAT.
- * Reduces cravings and urges, so stays in residential and outpatient programs are longer.
- * Enables patients to focus on their rehab and counseling.
- * Improves long term treatment engagement and other outcomes (e.g., criminal recidivism, HIV infection rates, survival).
- * These benefits far outweigh risks of drug diversion and misuse.

Taking advantage of benefits and funding opportunities

Opportunities in the ACA and Medicaid expansion

Expanded funding in Governor's budget and from increased Federal grant opportunities

System changes increasing access to SUD treatment

- * Medicaid payment system reform (Fee for Service)
- * Implement hotline and single point of entry (Interim Management Entity, or IME) for SUD treatment services.

Collaborating on SUD prevention and recovery

- * Core Opioid Work Group (DHS, DOH, DMAHS, DCF, AG's Office, State Police, Juvenile Justice Commission, and GCADA)
- * DOH data study team focused on opioid misuse
- * NJ State Police fusion center tracking heroin seizures and naloxone reversals.
- * Working with non government entities, including private industry and practitioner associations

New SUD prevention and treatment Initiatives

- * Opioid Overdose Prevention Program (OOPP)
- * Opioid Overdose Recovery Program (OORP)
- * Medication Assisted Treatment Outreach Program (MATOP)
- * New bundled rates that support MAT
- * Ongoing efforts to:
 - increase naloxone availability
 - promote harm reduction
 - increase access to ambulatory detox
 - remove barriers to use of MAT
 - promote integration of SUD and primary care