Take the American Medicine Chest Challenge... in 5 easy steps.



- 1 Take inventory of your prescription and over-the-counter medicine.
- **2**-Secure your medicine chest.
- 3-Safely dispose of your unused, unwanted, and expired medicine.
- 4- Take your medicine exactly as prescribed.
- **5-Talk to your children about the dangers of prescription drug abuse... they are listening.**

To find out more, visit...

AmericanMedicineChest.com



Partnership for a Drug-Free New Jersey (Insert your Municipal Alliance Here)